

Sample Packing List

Clothing	We recommend dressing in layers (you might bring: sweatshirts, long-sleeves, t-shirts, sweatpants, jeans, shorts) Swimwear (for a swim in the lake or to relax in the sauna) Check the weather forecast in advance to help pack appropriately
Outerwear	Rainsuit Light jacket Hat Comfortable footwear (hiking boots, runners/walkers, or flip flops)
Personal Items	Shampoo / conditioner Toothbrush + toothpaste Toiletries Medication
Miscellaneous	Bug spray Sunscreen Sunglasses Beach towel (if you'd like something larger) Books / magazines Small flashlight Camera Chargers (for phone, cameras, etc.) Reusable water bottle Groceries, snacks, beverages
Fishing Gear	If you want to fish, you'll need to bring your gear (rods, tackle, bait) and life jackets. <i>True North</i> will provide nets and minnow buckets. We have a sample tackle list for you on our "Fishing" page as well as information about bait.